

## 2017 Tupelo Marathon/13.1 Miler Instructions

Both races begin at 5:00 AM on E. Franklin St. in front of the Tupelo Coliseum.

Both races are certified and will finish inside the air-conditioned Tupelo Coliseum. The 13.1 Miler participants will complete the loop course once and the Marathon participants will do it twice.

The streets are **NOT** closed to traffic. There will be cars on the race course. The Tupelo Police Department will assist in traffic control at the major intersections, but you are responsible for your own safety.

You will be running through residential neighborhoods on a Sunday morning. Please keep noise to reasonable level.

This is the fourth year for this course and it has several turns, a couple of loops and sections where runners will be going both directions. Familiarize yourself with the course map and look for the yellow arrows painted on the road. We will have water stops near four of the key intersections to assist in directing you, but there will **NOT** be someone directing you at every turn.

You will be running through areas that were significantly damaged by the April 2014 tornado. A lot of trees that would have provided shade on the course no longer exist.

Water stops are located at approximately 1.8, 4.3, 5.9, 8.9, 10.4, 11.8, 13.1, 14.9, 17.4, 19.0, 22.0, 23.5 and 24.9 miles. The first few stops will have water only. PowerAde will be provided at the later stops when they are not as crowded. Water and PowerAde are the only refreshments provided by the race organizers. Some volunteers surprise us every year by providing other “goodies” they purchase with their own money. Be sure to thank them.

Pre-race packet pick-up is Saturday, September 2 from 1:00 – 5:00 PM at Trails and Treads. Their address is 549 Coley Rd, next to Snap Fitness. A friend or relative can get your packet if you are unable to make it during this time. Please

make every effort to pick them up on Saturday. If you can't pick up your packet on Saturday, race day packet pick-up will be at the Tupelo Coliseum Sunday, September 3 from 4:00 – 4:45 AM. The race will start promptly at 5:00 AM. The t-shirts from unclaimed packets will be sold to raise money for a local charity.

Showers and dressing rooms will be available in the coliseum after the race. Bring your own towel and toiletries.

Post-race food, beverages, music and air conditioning will be provided inside the coliseum.

We will use chip timing for both races but there will not be a starting mat. All finisher times will be reported as "gun time". Results will be posted at <http://www.besttimescct.com/RaceResults.asp>.

We will have the 13.1 Miler ceremonies as soon as the results are finalized. The Marathon awards will be mailed. Trophies are presented in the same categories for both races. Prize money is awarded in the marathon **only**.

Please do not request a refund of your race entry. The home page and registration page for the Tupelo Marathon/13.1 Miler clearly state NO REFUNDS - NO EXCEPTIONS. If you register but can't make it for any reason, email us by September 1 we will be happy to mail your t-shirt to you.

**IMPORTANT** – The Tupelo Police Department will not provide traffic control for runners crossing North Gloster St after 10:30 AM. If you choose to cross after the police are gone, you are doing so at your **own risk**. This is a heavily traveled intersection, there is a lot of traffic and it could be dangerous. This is just past the next to last water stop which will also shut down at 10:30. If you haven't completed 23.5 miles in 5 and a half hours, it is unlikely that you will finish 26.2 miles in the 6 hour time limit.

## Start/Finish Area Details Final Layout

**Note:**  
Marathon runners split off at Mile 13 to begin the 2<sup>nd</sup> Loop as shown in red

