

**Pale is the New Tan© 5K**

**August 7, 2009, 7:00 PM**

**Ridgeway Loop**

**Total No. of Recorded Female Finishers: 290**

**Total No. of Timed Finishers: 473**

**Please email result inquiries to [srtris@rit.edu](mailto:srtris@rit.edu)**

<b>Name</b>	<b>Age Group</b>	<b>Place</b>	<b>Age</b>	<b>Time</b>
Vickie Ezell-Rodgers	<b>OVERALL</b>	1	35	21:31
Debbie Seerles	<b>MASTER</b>	9	43	25:15
Susan Chiulli	<b>GRANDMASTER</b>	33	53	28:51
Hayley Lambert	<b>9 &amp; Under</b>	205	7	48:52
Karley Cavette	<b>9 &amp; Under</b>	287	8	01:04:26
Tristan Kitchens	<b>10 - 14</b>	4	13	23:55
Sara Barrett	<b>10 - 14</b>	215	10	50:01
Allie Binford	<b>10 - 14</b>	253	12	55:04
Ashlee Roberts	<b>10 - 14</b>	262	10	56:31
Sarah Ostrovsky	<b>10 - 14</b>	286	14	04:16
Meredith Whitten	<b>15 - 19</b>	12	17	25:39
Halle Griggs	<b>15 - 19</b>	52	19	31:17
Katie Myers	<b>15 - 19</b>	88	19	34:20
Megan Gallagher	<b>15 - 19</b>	188	17	45:47
Aimee Gregory	<b>15 - 19</b>	220	16	50:53
Erica Brauer	<b>15 - 19</b>	270	16	57:33
Meredith Kuhn	<b>15 - 19</b>	272	18	57:40
Katie Sharpe	<b>20 - 24</b>	7	21	25:00
Caylen Beaty	<b>20 - 24</b>	18	21	26:42
Lean Graves	<b>20 - 24</b>	19	23	26:44
Chelsea Crook	<b>20 - 24</b>	21	21	27:16
Ashley Lovell	<b>20 - 24</b>	24	24	27:52
Lindsey Landreneau	<b>20 - 24</b>	34	21	29:18
Innocence Harvey	<b>20 - 24</b>	35	23	29:19
Nicole Blum	<b>20 - 24</b>	42	20	30:15
Amanda Dreve	<b>20 - 24</b>	45	24	30:37
Jillian Jewell	<b>20 - 24</b>	62	22	31:50
Ashlee Farmer	<b>20 - 24</b>	72	23	32:55
Hollis Franklin	<b>20 - 24</b>	108	24	36:23
Claudine Nayam	<b>20 - 24</b>	111	21	36:41
Paige Cole	<b>20 - 24</b>	146	24	39:54
Katie Mcwatters	<b>20 - 24</b>	150	23	41:04
Courtney Estabrook	<b>20 - 24</b>	151	21	41:07
Jordan Diana	<b>20 - 24</b>	154	20	41:23
Kaurey Murrell	<b>20 - 24</b>	183	24	45:22
Natalie Bostick	<b>20 - 24</b>	187	20	45:44
Katie Graczyk	<b>20 - 24</b>	193	23	46:53
Nealy Woodard	<b>20 - 24</b>	197	23	47:54

Leah Smith	20 - 24	223	21	51:12
Kaity Kopeski	20 - 24	224	20	51:13
Toni Mascari	20 - 24	233	23	52:23
Meg Wilkerson	20 - 24	248	24	53:57
Heather Blakley	20 - 24	256	22	55:07
Martha Shaw	20 - 24	257	23	55:08
Jillian Kahn	20 - 24	276	21	58:17
Frances Lawhead	25 - 29	2	29	22:02
Brooke Miles	25 - 29	3	28	22:54
Lisa Graves	25 - 29	11	29	25:25
Lindsey Erwin	25 - 29	13	25	25:47
Jaime Corman	25 - 29	14	?	25:55
Kami Schneider	25 - 29	23	28	27:52
Beth Miller	25 - 29	27	26	28:23
Brooke May	25 - 29	28	28	28:27
Elaine Ewing	25 - 29	37	26	29:32
Kristen Bell	25 - 29	46	25	30:51
Danna Markham	25 - 29	47	29	30:53
Holly Baker	25 - 29	48	25	30:55
Kristi James	25 - 29	50	26	31:15
Jennifer Gilliam	25 - 29	53	26	31:21
Stephanie Swain	25 - 29	57	26	31:39
Autumn Freidel	25 - 29	59	27	31:40
Laurabeth Thurmond	25 - 29	65	26	32:05
Helen Beaty	25 - 29	75	28	33:24
Amanda King	25 - 29	76	28	33:27
Renata Sheets	25 - 29	78	28	33:37
Julie McCarthy	25 - 29	80	29	33:41
Carrie Smith	25 - 29	84	27	33:58
Trae Irby	25 - 29	91	27	34:37
Paige Hudson	25 - 29	93	28	35:15
Amanda Meadows	25 - 29	95	29	35:28
Laurie Cooper	25 - 29	100	29	35:38
Deborah Tanis	25 - 29	103	26	35:55
Katie Lanza	25 - 29	120	27	37:37
Ali Mills	25 - 29	121	27	37:37
Tarah Neujahr	25 - 29	127	25	37:49
Kristen Stokes Hersly	25 - 29	128	29	37:52
Clair DePriest	25 - 29	133	26	38:32
Mary Elkenlegg	25 - 29	134	26	38:33
Adrienne Sumrall	25 - 29	136	27	39:02
Shelley Cole	25 - 29	139	28	39:08
Jill Jones	25 - 29	140	25	39:10
Laura With	25 - 29	143	26	39:34
Kandice Lee	25 - 29	145	29	39:48
Susan Parker	25 - 29	147	28	39:55
Lauren King	25 - 29	153	27	41:21
Sarah Gaynor	25 - 29	159	25	42:03
Jillian Horton	25 - 29	160	26	42:09
Brittany Garrett	25 - 29	163	26	42:14
Beth Powell	25 - 29	164	29	42:17

Rachel Luhm	25 - 29	166	25	42:35
Alexis Ferrell	25 - 29	171	25	43:14
Brooke Worsham-Hall	25 - 29	175	26	44:09
Michelle Wredling	25 - 29	176	25	44:14
Anna Hawkins	25 - 29	182	29	44:58
Stephanie Wright	25 - 29	184	25	45:22
Lindsey Moore	25 - 29	192	29	46:02
Katherine Aden-Vermilye	25 - 29	199	28	47:58
Amber Berenot	25 - 29	208	28	49:11
Stefanie Daniel	25 - 29	214	29	49:58
Tara Ingram	25 - 29	222	27	51:12
Charity Harvey	25 - 29	225	25	51:14
Morgan Schuttz	25 - 29	235	28	52:27
Natalie Harper	25 - 29	239	28	52:35
Emily Fourmy	25 - 29	242	26	53:04
Sara Strickland	25 - 29	265	29	56:43
Morgan Stanford	25 - 29	271	29	57:37
Kelly Cates	30 - 34	5	32	24:42
Katie Brandon	30 - 34	8	31	25:04
Katharine Bray	30 - 34	17	34	26:19
Jessica Linney	30 - 34	20	32	26:56
Kim Branner	30 - 34	22	31	27:36
Sally Ann Merriman	30 - 34	29	32	28:31
Maddie Strange	30 - 34	30	34	28:37
Jane Terrell	30 - 34	31	33	28:38
Pam Lipinski	30 - 34	36	33	29:20
Jennifer Boyd	30 - 34	38	30	29:48
Melam Carter	30 - 34	43	32	30:17
Allyson Carroll	30 - 34	49	30	30:56
Keshia Williams	30 - 34	51	32	31:16
Stacy Gaylord	30 - 34	56	31	31:39
Jennifer Brunetti	30 - 34	58	31	31:40
Amanda Sutphin	30 - 34	61	34	31:48
Kelly Brewer	30 - 34	63	31	31:58
Jennifer Goyer	30 - 34	66	33	32:05
Allyson Murry	30 - 34	71	32	32:54
Melissa Cannon	30 - 34	77	33	33:31
Rebecca Allison	30 - 34	82	30	33:52
Kembree Darakshani	30 - 34	94	32	35:27
Emily Hathcode	30 - 34	96	30	35:28
Sara Brock	30 - 34	98	31	35:37
Keri Chappell	30 - 34	99	30	35:38
Laura Neubert	30 - 34	101	31	35:42
Amanda Brooks	30 - 34	102	31	35:42
?ecley Boyd	30 - 34	104	30	35:56
Michelle Epps	30 - 34	113	30	36:48
Amber Ross	30 - 34	114	30	36:49
Kathryn Perry	30 - 34	115	32	36:50
Allison Fones	30 - 34	116	34	36:54
Kelly Acree	30 - 34	119	34	37:34
Tonya Stancil	30 - 34	122	33	37:40

Katie Mccammon	30 - 34	126	31	37:48
Lauren Lavergne	30 - 34	132	31	38:16
Taylor Williams	30 - 34	142	33	39:20
Angel Torney	30 - 34	161	31	42:09
Lisa Walker	30 - 34	162	30	42:10
Amy Lindsey	30 - 34	165	32	42:29
Lauren Evans	30 - 34	181	33	44:56
Heather Morrison	30 - 34	210	34	49:22
Rosie Graves	30 - 34	211	31	49:42
Jennifer Boland	30 - 34	212	33	49:43
Sabrina McConnell	30 - 34	226	32	51:14
Rita Carter	30 - 34	229	33	52:00
Alissa Trowbridge	30 - 34	241	30	53:02
Jennifer Carpenter	30 - 34	246	34	53:27
Laura Reynolds	30 - 34	252	30	54:57
Tiffany Brimhall	30 - 34	261	33	56:31
Lori Wilson	30 - 34	264	31	56:42
Tre Brauer	30 - 34	269	31	57:29
Tia Foster	30 - 34	277	33	58:23
Rebecca Secrist	35 - 39	6	35	24:49
Wendy Stewart	35 - 39	10	37	25:20
Michele Howard-Flynn	35 - 39	26	36	28:20
Karen Mason	35 - 39	39	38	30:01
Anna Jordan	35 - 39	55	35	31:34
Terreia Jones	35 - 39	64	37	32:04
Brooke Herig	35 - 39	68	38	32:29
Heidi Williams	35 - 39	69	36	32:43
Misti Morris	35 - 39	73	37	33:09
Cassandra Dyer	35 - 39	85	35	34:04
Shannon Castleberry	35 - 39	89	35	34:26
Patty Sensat	35 - 39	106	35	36:05
Holly Judd	35 - 39	112	37	36:42
Martha O'Neill	35 - 39	117	35	36:54
Tricia Gruber	35 - 39	123	39	37:42
Susan Young	35 - 39	125	37	37:48
Beth Brock	35 - 39	129	38	37:57
Kristie Strong	35 - 39	131	37	38:05
Krista Davis	35 - 39	155	37	41:33
Shannon Maxwell	35 - 39	168	38	42:49
Marley Paillet	35 - 39	178	36	44:21
Anna Moder	35 - 39	179	38	44:24
Laura Chevalier	35 - 39	180	37	44:40
Melisa Rowan	35 - 39	200	36	48:02
Lynne Cummings	35 - 39	206	35	49:10
Rachel Aanerud	35 - 39	207	38	49:10
Tricia Thomas	35 - 39	244	37	53:08
Courtney Dukes	35 - 39	259	39	56:15
Heather Feddersen-Ingoldsby	35 - 39	278	37	58:23
Trenall Hatton	35 - 39	279	38	58:40
Lisa Ostrovsky	35 - 39	285	37	01:04:15

Kim Lindley	40 - 44	15	40	25:58
Kim McDonough	40 - 44	25	42	27:59
Truth Erdeljan	40 - 44	32	42	28:47
Penina Wender	40 - 44	54	43	31:28
Carla Hampton	40 - 44	67	40	32:15
Kathy Myers	40 - 44	70	43	32:51
Debbie Hulette	40 - 44	79	43	33:40
Andrea Hough	40 - 44	81	44	33:42
Mary Cuyler	40 - 44	83	41	33:55
Cheryl Henriques	40 - 44	87	41	34:11
Ruth Towler	40 - 44	97	42	35:37
Connie Raspberry	40 - 44	135	40	38:52
Shannon Kloek	40 - 44	137	40	39:05
Mia Masters	40 - 44	149	41	40:13
Maggie Moran	40 - 44	156	42	41:38
Cindy Lee	40 - 44	167	43	42:36
Terri Barrett	40 - 44	216	40	50:02
Melissa Roberson	40 - 44	230	42	52:00
Shrley Garrison	40 - 44	236	40	52:27
Karen Burks	40 - 44	245	43	53:26
Rhonda Topinka	40 - 44	247	40	53:41
Sherrie Shelby	40 - 44	249	40	54:29
Barb Binford	40 - 44	254	44	55:05
Ardith Morgan	40 - 44	255	43	55:05
Carey Mayfield	40 - 44	258	41	56:14
Terri Roberts	40 - 44	260	41	56:30
Michele Johnson	40 - 44	274	44	58:06
Melonie Dakin	45 - 49	16	46	26:05
Teresa Silvestri	45 - 49	41	47	30:09
Judy Herron	45 - 49	44	48	30:21
Maureen Holland	45 - 49	74	47	33:20
Eula Taliaferro	45 - 49	86	46	34:08
Stacie Schaeffer	45 - 49	109	47	36:38
Cathy Mareau	45 - 49	124	49	37:45
Connie Keywood	45 - 49	130	46	38:04
Susie Hopper	45 - 49	138	47	39:06
Monica Lantrip	45 - 49	144	46	39:47
Dawn Jewell	45 - 49	169	46	42:50
Joi Rodriguez	45 - 49	170	49	43:11
Susan Massa	45 - 49	173	48	43:36
Angie Murdock	45 - 49	189	46	45:48
Judy Maranise	45 - 49	194	48	46:54
Corinthia Davis	45 - 49	201	45	48:03
Dennese Black	45 - 49	213	47	49:44
Anne Cassidy	45 - 49	219	47	50:52
Kathy Gregory	45 - 49	221	48	50:53
Karen Taylor	45 - 49	232	47	52:03
Sue Mascari	45 - 49	234	48	52:24
Catherine Zanepini	45 - 49	251	46	54:57
Kit Poe	45 - 49	266	49	57:04
Melinda Lesodane?	45 - 49	267	49	57:04

LaSonya Blankenship	<b>45 - 49</b>	275	45	58:07
Julie Robinson	<b>45 - 49</b>	280	48	59:17
Kathy Carter	<b>45 - 49</b>	281	49	59:18
	<b>50 - 54</b>			
Kay Dawson	<b>50 - 54</b>	40	52	30:08
Leslie Haddad	<b>50 - 54</b>	60	52	31:48
Deborah Bookas	<b>50 - 54</b>	105	50	36:03
Sheryl Barton	<b>50 - 54</b>	118	54	37:25
Susie Temple	<b>50 - 54</b>	141	53	39:19
Carol Hennessy	<b>50 - 54</b>	148	51	40:11
Lesley Cullen	<b>50 - 54</b>	157	51	41:50
Cindy Pendergrast	<b>50 - 54</b>	158	52	42:02
Linda Heitzman	<b>50 - 54</b>	172	53	43:32
Pam Hill	<b>50 - 54</b>	195	53	46:58
Tanya Powers	<b>50 - 54</b>	198	50	47:57
Susanne Vandyke	<b>50 - 54</b>	202	50	48:33
Norie Taylor	<b>50 - 54</b>	203	51	48:46
Pat Gallagher	<b>50 - 54</b>	204	54	48:47
Pam Duckworth	<b>50 - 54</b>	209	51	49:17
Sally Isom	<b>50 - 54</b>	227	52	51:15
Teresa Grant	<b>50 - 54</b>	228	50	51:15
Julie Nations	<b>50 - 54</b>	231	51	52:02
Rosie Weylar	<b>50 - 54</b>	237	50	52:32
Julie Saxon	<b>50 - 54</b>	243	51	53:08
Charlotte Miller	<b>50 - 54</b>	250	54	54:38
Brenda Powell	<b>50 - 54</b>	263	53	56:41
Martha Kahn	<b>50 - 54</b>	273	54	57:41
Bonnie Barnes	<b>50 - 54</b>	290	52	01:05:30
	<b>55 - 59</b>			
Sharon Thompson	<b>55 - 59</b>	92	56	34:50
Nola Babb	<b>55 - 59</b>	107	58	36:12
Freddie Milton	<b>55 - 59</b>	110	55	36:40
Christine Ventre	<b>55 - 59</b>	196	56	47:48
Liz Rodgers	<b>55 - 59</b>	218	55	50:51
Rosemary Southwell	<b>55 - 59</b>	238	57	52:32
Yelena Botvinnik	<b>55 - 59</b>	283	56	01:01:29
Wendy Arth	<b>55 - 59</b>	284	56	01:01:30
	<b>60 - 64</b>			
Penelope Respass	<b>60 - 64</b>	217	61	50:24
Brenda Lanier	<b>60 - 64</b>	282	60	01:01:28
Marianne Waszilycsak	<b>60 - 64</b>	289	63	01:05:29
Karen Whipple	<b>65 - 69</b>	90	65	34:31
Judy Bratton	<b>65 - 69</b>	288	69	01:05:28