

# GO GREEN DUATHLON - Carthage, MO Individual Duathlon

## Age Group Results

March 29, 2009

Results By Ozark Racing Systems -- Springfield, MO

### Overall Female Open Winners

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	19	Belinda Shores	22	39	1	16:10.5	8:05	0:37.0	1	35:52.4	3:35	0:32.7	1	17:27.7	8:44	1:10:40.5	

### Overall Male Open Winners

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	1	Ky Moody	50	23	1	12:52.0	6:26	0:15.5	1	27:15.0	2:44	0:13.6	1	13:42.9	6:51	54:19.2	

### Males 15 to 19

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	6	Michael Huffaker	24	18	1	14:57.0	7:29	0:14.4	1	30:55.5	3:06	0:17.5	1	14:12.4	7:06	1:00:36.9	
2	24	Brian Cable	66	18	2	14:58.8	7:29	1:03.3	3	39:41.1	3:58	0:33.5	2	15:11.9	7:36	1:11:28.8	
3	34	Garrett Stanbrough	42	18	3	15:30.9	7:45	1:13.5	2	37:44.7	3:46	0:49.4	3	19:18.2	9:39	1:14:37.0	

### Female 20 to 24

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	28	Jessica Robinson	43	20	1	15:30.5	7:45	1:10.3	2	37:22.4	3:44	1:15.8	1	17:02.7	8:31	1:12:21.8	
2	29	Whitney Schroer	20	22	2	15:35.7	7:48	0:31.6	3	38:08.7	3:49	0:20.5	2	18:09.0	9:05	1:12:45.7	
3	36	Jessica Billheimer	34	24	3	18:26.3	9:13	1:13.2	1	36:01.6	3:36	0:52.9	3	18:10.9	9:05	1:14:45.2	

### Males 20 to 24

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	11	Blake Schroeder	21	23	1	14:25.3	7:13	0:21.9	1	33:25.6	3:21	0:26.0	1	16:34.5	8:17	1:05:13.5	

2	23	Samuel Budzyna	11	23	2	16:26.6	8:13	0:52.2	2	34:46.8	3:29	1:01.9	2	18:00.3	9:00	1:11:08.0
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## Males 25 to 29

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	2	Seth Creed	60	26	2	13:13.6	6:37	0:19.8	1	26:55.6	2:42	0:16.0	1	13:38.5	6:49	54:23.7	
2	5	Josh Doak	28	28	4	13:39.6	6:50	0:37.0	2	30:27.1	3:03	0:24.4	4	15:05.3	7:33	1:00:13.5	
3	7	Nathan Globke	10	26	3	13:38.5	6:49	1:07.5	3	30:32.5	3:03	1:07.7	3	14:12.4	7:06	1:00:38.8	

## Female 30 to 34

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	21	Rebecca Hartmann	14	34	1	14:55.5	7:28	0:29.4	1	37:53.2	3:47	0:23.5	1	17:07.0	8:34	1:10:48.8	
2	37	Sara Dillion	48	31	2	15:24.0	7:42	0:37.9	3	42:30.1	4:15	0:30.0	2	17:34.1	8:47	1:16:36.3	
3	43	Pamela Bross	2	32	3	17:17.1	8:39	1:05.1	2	40:58.8	4:06	0:56.2	3	17:48.1	8:54	1:18:05.5	

## Males 30 to 34

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	15	Travis Creed	55	30	1	14:26.1	7:13	0:38.5	3	35:37.2	3:34	0:38.2	1	15:44.8	7:52	1:07:05.1	
2	25	Ryan Bross	1	31	3	17:10.0	8:35	0:51.6	2	34:14.0	3:25	0:48.9	3	18:57.5	9:29	1:12:02.1	
3	32	Will Pruitt	59	30	2	16:01.2	8:01	0:48.6	4	38:15.3	3:50	0:32.8	2	18:16.4	9:08	1:13:54.5	

## Female 35 to 39

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	49	Gina Kilpatrick	30	39	1	17:28.4	8:44	1:14.7	1	43:05.2	4:19	0:54.8	1	19:43.4	9:52	1:22:26.7	
2	58	Stacey Middleton	67	39	2	19:26.5	9:43	0:32.0	2	50:09.5	5:01	0:20.6	2	21:38.4	10:49	1:32:07.1	

## Males 35 to 39

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	8	Andre Sison	35	39	1	13:52.7	6:56	0:21.0	1	30:37.8	3:04	0:20.4	2	15:51.2	7:56	1:01:03.3	
2	9	Buddy Romine	49	37	2	13:59.9	7:00	0:34.9	2	31:51.0	3:11	0:29.8	1	15:50.2	7:55	1:02:46.0	
3	22	Scott Eis	46	38	3	15:55.9	7:58	0:52.8	4	34:46.6	3:29	0:42.0	4	18:43.5	9:22	1:11:01.0	

## Female 40 to 44

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	

1	48	Shelly Tarter	58	42	1	18:52.3	9:26	0:36.4	3	41:41.7	4:10	0:22.3	1	20:13.2	10:07	1:21:46.1
2	57	Melissa Sharples	8	43	2	20:51.1	10:26	1:51.3	1	41:04.5	4:06	1:17.4	2	23:28.6	11:44	1:28:33.0
3	59	Marla Tournear	61	43	4	23:51.2	11:56	0:34.9	4	44:29.6	4:27	0:26.9	3	24:55.9	12:28	1:34:18.7

## Males 40 to 44

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	14	Rusty Popp	44	41	1	15:32.8	7:46	0:55.7	2	32:23.0	3:14	0:50.3	1	16:47.7	8:24	1:06:29.7	
2	16	Richard Datema	56	41	2	17:43.2	8:52	1:36.2	1	29:59.6	3:00	1:57.6	2	17:44.1	8:52	1:09:00.8	
3	30	William Graff	57	40	3	17:57.6	8:59	1:09.9	3	33:15.8	3:20	0:51.1	3	19:55.0	9:58	1:13:09.5	

## Males 45 to 49

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	4	David Nokes	18	48	1	13:12.3	6:36	1:02.1	1	28:32.5	2:51	0:31.2	1	14:01.3	7:01	57:19.5	
2	10	William Sharples	41	47	2	15:16.1	7:38	0:35.3	2	30:27.0	3:03	0:34.3	2	17:33.2	8:47	1:04:26.1	
3	35	Brian Fleming	33	45	3	17:07.5	8:34	0:29.5	3	37:48.3	3:47	0:23.2	3	18:55.8	9:28	1:14:44.5	

## Female 50 to 54

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	26	Becky Campbell	15	51	1	16:39.1	8:20	1:02.9	1	35:31.1	3:33	1:06.2	1	17:53.9	8:57	1:12:13.4	
2	45	Meg Billheimer	31	54	2	18:26.2	9:13	1:14.6	2	38:55.8	3:54	0:52.3	2	20:10.0	10:05	1:19:39.1	

## Males 50 to 54

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	13	Jim Cisco	26	53	1	14:01.7	7:01	0:25.7	3	35:30.7	3:33	0:21.6	1	15:47.5	7:54	1:06:07.4	
2	18	Charles Halliburton	45	50	2	16:04.3	8:02	0:54.5	2	34:55.6	3:30	0:59.0	2	17:07.5	8:34	1:10:01.0	
3	20	David Twarog	65	54	5	17:33.5	8:47	0:57.2	1	33:31.4	3:21	0:46.8	4	17:54.9	8:57	1:10:43.9	

## Males 55 to 59

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	3	Tony Hahn	51	55	1	13:35.2	6:48	0:47.2	1	27:58.7	2:48	0:29.1	1	13:33.7	6:47	56:24.1	
2	47	Wally Melte	62	57	2	18:29.6	9:15	0:54.8	2	40:43.5	4:04	0:43.9	2	19:05.1	9:33	1:19:57.1	

## Male 60 to 64

Overall			----- Run 1 -----				T1	----- Bike -----				T2	----- Run 2 -----				Total
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<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	55	Glen Pittman	23	62	1	19:15.5	9:38	1:04.6	1	38:45.7	3:53	1:51.8	1	26:35.9	13:18	1:27:33.6

## Male 65 to 69

<u>Overall</u>			----- Run 1 -----				<u>T1</u>	----- Bike -----				<u>T2</u>	----- Run 2 -----				<u>Total</u>
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	17	Larry Nelson	36	65	1	18:32.4	9:16	1:05.9	1	30:08.6	3:01	0:54.8	1	19:11.5	9:36	1:09:53.4	